



PE Overview – 2023/24



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	*Fundamental Movement Skills – (FMS) See EYFS planning	*Fundamental Movement Skills – (FMS)	*Multi Skills – (ABC)	*Multi Skills – (ABC)	*Modified Team Games	*Modified Team Games
Reception	*Dance *Fundamental Movement Skills – (FMS) *Forest School	*Gymnastics *Fundamental Movement Skills – (FMS) *Forest School	*Dance *Multi Skills – (ABC)	*Fundamental Movement Skills – (FMS)	*Multi Skills – (ABC) Agility/ Balance Coordination	*Games – (ABC) Agility/ Balance Coordination
Year 1	*Multi Skills – (ABC) *Fundamental Movement Skills – (FMS) *OAA	*Game Skills – (ABC) *Dance	*Game Skills – (ABC) *Gymnastics 1 – (FMS)	*Modified Team Games – (ABC) *Gymnastics 2 – (FMS) *Forest School	*Multi Skills – (ABC) *Ball Skills – (ABC)	*Mini Athletics *Modified Team Games – (ABC)
Year 2	*Multi Skills – (ABC) *Fundamental Movement Skills – (FMS) *OAA	*Gymnastics 1 – (FMS) *Ball Skills – (ABC)	*Game Skills – (ABC) *Gymnastics 2 – (FMS)	*Dance *Multi Skills – (ABC)	*Striking & Fielding – (ABC) *Football *Forest School	*Mini Athletics *Modified Team Games – (ABC) *Forest School
Year 3	*Tag Rugby *OAA	*Football *Gymnastics 1	*Hockey *Gymnastics 2	*Dance *Net/Wall Games	*Athletics – Track *Kwik Cricket	*Athletics – Field *Rounders
Year 4	*Tag Rugby *OAA	*High Five *Gymnastics 1	*Hockey *Gymnastics 2	*Dance *Kwik Cricket	*Athletics – Track *Basketball/ Handball	*Athletics – Field *Rounders
Year 5	*Tag Rugby *Football	*High Five *Gymnastics	*Dance – Skipping *Hockey	*Kwik Cricket *Handball / Dodgeball	*Athletics – Track *Tennis *Swimming	*Athletics – Field *Rounders
Year 6	*Tag Rugby *Football	*High Five *Gymnastics	*Fitness Stations/ Skipping *Hockey	*Kwik Cricket *Handball / Dodgeball	*Athletics – Track *Tennis *Swimming	*Athletics – Field *Rounders