



Sports News

September 2020 – December 2020

We would normally start the new academic year with a variety of clubs and festivals organised and planned for the term ahead. But this year is a different and a difficult one!

First of all, a huge thank you to all of the parents for their support, during the summer, keeping their children active. A massive thank you to the North Tyneside PE team for all their help and support during the current situation.

As we are trying to adapt and adjust to the new routines following government guidelines; please see the information below for an overview of our Autumn term activities:

- **PE Kit:** Our pupils now come into school wearing their PE kit on their allocated PE days. This avoids the need for close contact and changing clothes during the day. The children keep their wellies, in school, to support any outdoor activities and the "Weekly Mile".
- **Festivals, Clubs and External providers:** All Catholic and North Tyneside festivals and events have been cancelled and we are not running any breakfast or after school clubs until further notes and updates from the DfE.
- **"Active Breaks":** Using PE funding, we bought enough PE equipment so that each Pod / Bubble in school would have access to enough resources to help them to deliver COVID secure PE lessons. Also, we provided each Pod with a variety of equipment to keep the pupils active during breaks and lunchtimes
- **Cycling and Walking:** We encourage our pupils to travel into school using bikes or scooters. Walking is strongly supported too with all our pupils and their families
- **PE lessons:** For the Autumn term, the overview changed for both KS1 and KS2. Additional options have been given in case PE needed to be delivered indoors, as the Hall space is slightly reduced this year. Most of the lessons were delivered in the open using our outdoor space. The focus for this term was to keep the pupils active and develop their fundamental movement skills via multi skills and modified team games. The overview will be revised again in January for the Spring term 2021.
- **PE Apprentice:** Mr Marshall is staying with us for this academic year. Mr Marshall is training to be a Level 3 Teaching Assistant with speciality in PE. His role involves:

* Team-teaching and support in PE lessons with all members of staff across Early Years, KS1 & KS2 (Pod specific per term)

* Planning and delivering PE lessons on his own (with presence of class teacher)

* Supporting Mrs Iliadou in various lunch time and after school clubs

* Delivering intervention and support in class in Maths and English lessons every morning. Due to the current circumstances, Mr Marshall is based in Y3 & Y4 pod supporting Mrs Iliadou, Mrs Whitelaw and Mrs Harman.

- **"Primary Stars" Programme:** This academic year, in collaboration with Newcastle United Foundation, we are offering our pupils the "Primary Stars" programme. Coaches from NUFC are in school, every Thursday and Friday, supporting members of staff during curricular PE, delivering CPD courses and PSHE lessons. The coaches work across the school and all members of staff are present during the sessions. See the timetable attached.
- **NUFC PE CPD Webinars:** Mrs Iliadou and Mr Marshall attended both training events, on 26th November and 10th December
- **"National Santa Dash":** On Friday 11th December, our school joined hundreds of other schools across the country to celebrate the importance of PE in enhancing young people's wellbeing and the countdown to the festive period. The challenges had an emphasis on togetherness, inclusivity and wellbeing.

Since September, Mrs Iliadou has, virtually, attended numerous training and information sessions organised by the NT PE team. The sessions were planned to support school staff with the management and guidance around the delivery of PE as well as advice around the present situation, in relation to all aspects of the subject. These sessions were an opportunity to share ideas, among colleagues from other schools, as well as raise questions and concerns.

Once again, a massive thank you to the North Tyneside PE team for all their help and support during the current situation.

**By Mrs Iliadou
Teacher - PE Lead**