



Sports News September 2019 - December 2019



September 2019

- **School Games Mark:** At the beginning of July, Mrs Iliadou presented our school's PE documents to the Local Authority and applied for the School Games Mark Award. The application was successful and our school received the award for a fourth year in a row. It is a great achievement for the size (number of pupils) that we have on roll in our school. Once again, a big thank you to all my colleagues and Mrs Garbutt for the continuous support they gave me throughout the last academic year to achieve the award. Congratulations to all of us!!
- **School Sport Alliance Pledge:** We are delighted to inform you that our school has signed up to the Tyne and Wear PE and School Sport Alliance Pledge. For more information, please see the attached document.
- **PE Apprentice:** This academic year, in collaboration with PEAK Sports, Mr Ryan Marshall will be based in our school for 4 days per week. He is studying Sports Coaching, Level 3, at Sunderland College. Mrs Iliadou will be Mr Marshall's mentor and he will be shadowing her in PE lessons.
Mr Marshall's role will involve:
 - * Team-teaching and support in PE lessons with all members of staff across Early Years, KS1 & KS2
 - * Leading on the planning and deliver of PE lessons (with presence / support of class teacher)
 - * Running the boys Football club and school's Football team in collaboration with Mrs Maddison
 - * Supporting Mrs Iliadou in various lunch time and after school clubs
- **"Weekly Mile":** This academic year we've introduced this activity throughout school on a weekly basis. It is an initiative across North Tyneside to keep pupils active during school time. Pupils walk the Daily Mile on a rota basis at break times.
- **Energy Club:** On Friday 6th September, Energy Club started at Breakfast club. Pupils across the school keep active and have fun by taking part in various activities for 30 minutes before school starts. Designed and delivered by Mrs Iliadou, the club includes learning and developing different generic skills, increasing confidence, self-esteem and motivation in a fun environment
- **Sports Coaching and Competitions:** In order to increase the levels of participation and competition across the North Tyneside schools and in collaboration with Access Coaching, this year we are offering our Y3 and Y4 pupils a coaching programme of different sports which will culminate in inter-school competitions. The programme will focus on a different sport each half term and the pupils will be introduced to the rules of the invasion game, technical skills e.g. variety of passing in a game situation as well as basic attacking and defending skills. The sessions will contribute to staff CPD and will lead to into a primary festival at the end of each half term
- **Tour of Britain Cycle Race:** On Monday 9th September, 25 pupils and their family members walked with Mrs Iliadou to the designated "school zone" area outside

Burnside College to watch and support the cyclists. Thank you very much to all for supporting the event

- **Access Coaching Programme:** On Monday 9th September, coaches from Assess Coaching started Tag Rugby sessions in Y4 for 4 weeks. The sessions contributed to staff CPD for Mrs Watson and Mr Marshall. This led into a tournament, alongside 14 other primary schools, on 11th October
- **Y2 & 3 Dodgeball Club:** 21 pupils took part, the club started on Friday 13th September for 6 weeks. Mrs Iliadou planned and delivered the sessions with the support of Sam C and Ellen M, past pupils of our school who are now in secondary school
- **Basketball Club:** 14 pupils from Y4, Y5 & Y6 took part. The club started on Monday 16th September for 6 weeks. Coaches from Access Coaching delivered the sessions
- **Y2 & Y3 Football Club:** 24 pupils took part. The club started on Tuesday 17th September for 5 weeks. Mrs Iliadou and Mr Marshall planned and delivered the sessions
- **Catholic Cluster PE Primary Network:** On Wednesday 18th November, Mrs Iliadou attended the meeting at St. Thomas More
- **Access Coaching Programme:** On Thursday 19th September, coaches from Assess Coaching started Football sessions in Y3 for 4 weeks. The sessions contributed to staff CPD for Mrs Iliadou and Mrs Whitelaw. This led into a tournament, alongside 14 other primary schools, on 15th November
- **Girls Football Club:** 11 pupils from Y4, Y5 & Y6 took part. The club started on Thursday 19th September for 6 weeks. Mrs Maddison planned and delivered the sessions with the support of Erin Cockburn
- **Boys Football Club:** 32 pupils from Y4, Y5 & Y6 took part. The club started on Thursday 19th September for 6 weeks. Mrs Iliadou and Mr Marshall planned and delivered the sessions with the support of Holly W

At this point, I have to mention that Holly, Sam, Erin and Ellen are all ex-pupils who come to support the out of school clubs in order to gain experience of working with children. They are doing an amazing job helping us deliver the clubs, our pupils thoroughly enjoy working with them and they are fantastic role models for the little ones. A massive thank you to all four for everything they do for our school.

- **North Tyneside PE Primary Twilight Session:** On Monday 23rd September, Mrs Iliadou attended the session at The Langdale Centre. The focus was to plan the PE curriculum overview for the year ahead, as well as lunchtime and after school clubs in order to offer as many opportunities as we can to keep children active!
- **Level 1 Bikeability:** 15 pupils from Y3 & Y4 took part on Wednesday 25th September. The training was delivered by members from North Tyneside Council's Sport and Health Team, on the school's premises
- **Year 2 Multi Skills Festival:** Whole class, 31 pupils, took part on Wednesday 25th September, at The Parks, North Shields. The children had a fantastic afternoon and took part in a variety of activities
- **Year 5 Holy Island Residential Visit:** From Wednesday 25th to Friday 27th September. Mrs Garbutt, Miss Quinn, Mrs Iliadou and Mr Young accompanied the

children. Great fun and long walks were enjoyed by all! Our map reading skills were tested!

- **Year 6 High Borrans Residential Visit:** From Monday 30th September to Friday 4th October. We all had an amazing and very active week. Nothing stopped us and the activities challenged ourselves to our limits, especially Olivia who broke her arm 2 hours after we arrived at the centre! The children were involved in Canoeing, Rock Scrambling, Climbing, Ghyll Scrambling, Orienteering and Caving!! Mr Keilty, Mrs Iliadou, Mrs Garbutt, Miss Shackford and Mr Young accompanied the children

October 2019

- **Boys and Girls Football Games:** During October and November, both teams took part in various North Tyneside and Family cluster tournaments. The boys' team qualified to the next round which will take place during the spring months. Well done to both teams for representing our school with such tremendous sportsmanship and ethos!
- **Year 4 Access Coaching Tag Rugby Tournament:** 20 pupils, represented our school, on Friday 11th October. The A team finished in 2nd place out of 8 schools taking part. The event took place in our school grounds with great success. Congratulations to all the pupils for their achievement!
- **North Tyneside Outdoor Learning Workshop (Part 1):** on Tuesday 15th October, Mrs Iliadou attended the course at Richardson Dees Park in Wallsend. The workshop was based around planning to develop a range of activities and ideas to encourage and inspire school staff to use the outdoors, including their local parks. We learned how to light a fire and cook some simple snacks as well as looking at safe practices which support creative exploration of the outdoors
- **Year 5 & Year 6 Sports Hall Athletics Competition:** 20 pupils represented our school, on Friday 18th October at Burnside College.

Girls ranking results:

Field:	*Speed Bounce:	Olivia R, 1 st place Maddie A, 3 rd place
	*Vertical Jump:	Ellie G, 1 st place
	*Balance Test:	Olivia R, 1 st place
	*Chest Push:	Eva L, 3 rd place
	*Javelin:	Eva L, 3 rd place
Track:	*1 Lap Hurdles:	Eva L, 1 st place Fearne W, 3 rd place
	*2 Lap Race:	Rosie D, 1 st place
	*6 Lap Relay:	3 rd place
	* 4X1 Lap Relay:	1 st place
	* 4X2 Lap Relay:	1 st place

Boys ranking results:

Field:	*Vertical Jump:	Will B, 1 st place
	* Standing Triple Jump:	Jonathan S, 3 rd place

	* Balance Test:	Luke A, 1 st place James B, 2 nd place
	* High Stepper:	Lewis G, 1 st place Logan L, 3 rd place
	* Javelin:	Nathan B, 3 rd place Dan S, 3 rd place
Track:	*1 Lap Hurdles:	Will B, 2 nd place Luke A, 3 rd place
	*2 Lap Race:	James B, 2 nd place
	*6 Lap Relay:	3 rd place
	*4X1 Lap Relay:	3 rd place
	*4X2 Lap Relay:	3 rd place

Across North Tyneside and over 3 days, 480 children from 24 schools attended the competition. Overall, our school came in 2nd place. What a fantastic achievement, well done to all in the team!

November 2019

- **Young Sports Leaders Scheme:** After October half term, our 36 leaders, from Year 5 & Year 6, started their practical sessions during lunchtimes delivering various activities to pupils from Reception to Year 3. They are doing a great job keeping our little ones busy and active during the cold winter breaks
- **Gymnastics Club:** 24 pupils from Y2 & Y3 took part. The club started on Friday 8th November for 5 weeks and Mrs Iliadou delivered the sessions
- **Archery Club:** 14 pupils across KS2 participated; the club started on Monday 11th November for 5 weeks and coaches from Access Coaching delivered the sessions
- **Year 4 Tag Rugby Family Festival:** 10 pupils represented our school, on Tuesday 5th November. They finished in 2nd place out of 7 schools. Well done to all in the team!
- **North Tyneside PE Primary Network:** On Wednesday 13th November, Mrs Iliadou attended the network at Foxhunters Pavilion, North Shields
- **Year 3 Access Coaching Football Tournament:** 12 pupils, represented our school, on Friday 15th November. Our school team came in 1st place out of 9 schools taking part. The event took place at Queen Alexandra College, North Shields. Congratulations to all the pupils for their achievement!

December 2019

- **Primary Leadership Event:** 6 pupils took part in the event, on Monday 2nd December at The Langdale Centre, in Howdon. The event was organised by the North Tyneside PE and Sports Team and was aimed at pupils in Y5. Throughout the day, the children were involved in various leadership activities to encourage them to confidently lead these in school. The leaders were also introduced to themed activities around Change4Life Champions, School Sport Organising Crews and Engaging the Least Active.

- **Level 2 Bikeability:** 10 pupils from Y5 & Y6 took part on Monday 2nd and Tuesday 3rd December. The Level 2 session is delivered on public roads outside the school premises over one full day with a maximum of 6 pupils per session. The training offered the children an opportunity to develop their skills in order to safely control and manoeuvre their bikes on public roads, pavements and was delivered by members from North Tyneside Council's Sport and Health Team.

The feedback we received from the instructors was extremely positive. They stated "Over the 2 days, we had a lovely visit. The school was well organised prior to the event and the staff were very welcoming. The children were very polite and keen to learn. During the sessions, the children made great progress and increased their confidence and skills."

- **Year 6 High 5 Family Festival:** 10 pupils represented our school, on Tuesday 3rd December. They finished in 3rd place out of 7 schools. Well done to all in the team!

**By Mrs Iliadou
Teacher - PE Lead**