



Sports News

March 2020 - July 2020



Due to the COVID-19 pandemic, and following government guidance, all the scheduled events, festivals and activities were cancelled until the end of this academic year.

As Governors and parents are aware, our school was open, throughout the pandemic, supporting our pupils and parents with care for Key Worker and Vulnerable families. On 1st June 2020, school opened to pupils in Reception, Year 1 and Year 6 also.

Our aim, during the period of lockdown and partial closure to certain pupils, was to encourage children and their families to engage in some physical activity to keep up those 60 active minutes a day.

During this term and in collaboration with the North Tyneside PE Team, we offered to all our pupils, in school and at home via the Home Learning page on our school website, the following activities:

- **"School Workout"**, by Joe Wicks or Mrs Iliadou, every day
- **"Daily Mile"**, by Mrs Iliadou and bubble leaders, every day
- **NT PE & Sport Team Easter Pack**, 6th - 17th April. A fortnight timetable with a variety of activities and challenges to encourage physical activity at home
- **"Active Mile @ Home" Week**, week commencing 20th April. We encouraged a variety of activities so that children, who could not go out of their homes, were able to complete them across the week and share their achievements via social media
- **School Games Active Championships**. This initiative has been supported nationally by School Games & TopYA! Active App
- **FA PE Primary Unit**, Mrs Iliadou accessed a four week series of webinars, 4:00-5:00 pm every Thursday from 30th April to 21st May, as part of her CPD. The aim of the course was to develop the child holistically, develop strategies to engage pupils and consider team teaching PE
- **Gymnastics @ Home Resource**. Since the beginning of May and in collaboration with Gail Robson, the NT PE Team created a pack with tasks around jumps, leaps, rolls, balances to develop the children's fundamental movement skills.
- **May Half Term Activity Timetable**. In the resource pack, we included simple ways to keep the children active and focused over the half term break, providing ideas for each weekday and Key Stage
- **Primary PE Network**, Mrs Iliadou attended the meeting, via Teams, on Wednesday 10th June
- **Virtual Level 3 School Games in Northumberland and Tyne & Wear**, Friday 19th June. Children in school, at home and their families took part in the event
- **National School Sports Week**. The annual event took place from Saturday 20th to Friday 26th June to celebrate the importance of PE in enhancing young people's wellbeing. This year we have teamed up with the Youth Sport Trust to bring children,

families and schools together in activities and sporting challenges. The challenges had an emphasis on togetherness, inclusivity and wellbeing

- **"North Tyneside 5"**, Thursday 25th June @ 10:00am. A 60second challenge across all schools and homes in North Tyneside on social media
- **Outdoor Educational Activities.** During the Spring and Summer terms, all pupils attending school were involved in the school's woodland area. In our Bubbles, we cleared and created paths; made bird feeders, dream catchers and weaving frames; planted flowers; built dens, and even bug hotels!! The children thoroughly enjoyed bringing the area back to life and working together in small teams.
- **School Games Mark:** The award has been put on pause due to the impact the COVID-19 has had on schools. A national decision was made for all schools to retain the Mark award that they achieved in 2018-2019. That means that our school retains the Gold Mark!

Also, to recognise our school's achievements across the Autumn and Spring terms as well as the virtual delivery and engagement during the period of COVID-19, our school has been awarded with the following badges:

***Recognition Certificate:** for the ongoing commitment and achievement in the School Games Programme during Autumn and Spring Terms

***Virtual Certificate:** for our school's support, commitment and engagement to the virtual programmes during the Summer Term

It is a great achievement and a result of an incredible teamwork. Once again, a big thank you to all my colleagues, Mrs Garbutt and our school community for the continuous support they gave me throughout the year to achieve the award. Congratulations to all of us!

**By Mrs Iliadou
Teacher - PE Lead**