



Sports News

January 2020 - March 2020



January 2020

- **Energy Club:** We continue to offer this to all our pupils who attend Breakfast club. Pupils across the school keep active and have fun by taking part in various activities for 30 mins before school starts. Designed and delivered by Mrs Iliadou, the club includes learning and developing different generic skills, increasing confidence, self-esteem and motivation in a fun environment
- **"Weekly Mile":** This academic year we have introduced this activity throughout school on a weekly basis. It is an initiative across North Tyneside to keep pupils active during school time. The pupils walk 1 mile around our playground and school field.
- **The FA Teachers' Award:** North Tyneside schools are affiliated with the Girls Football Schools Partnership in conjunction with the Football Association. Mrs Iliadou attended a 2-day course on Thursday 9th January and Wednesday 27th February. The course provided an introduction to the skills required to teach fundamental movement skills and small sided games in a variety of invasion games across KS1 and KS2. It included information on how to keep pupils active and involved for longer periods of time and how to modify learning activities to make lessons more enjoyable, challenge the more able and engage the less active pupils.
- **Key Steps Competition Preparation Sessions:** 26 pupils from KS2, worked with Mrs Iliadou and Gail Robson, every Friday afternoon from Friday 10th January for 6 weeks. The club prepared the pupils for their floor and vault routines for the North Tyneside Key Steps Competition, in June (this was unable to go ahead due to the COVID-19 pandemic)
- **Dance Festival:** Gail Robson, a Gymnastics coach, worked alongside Mrs Iliadou, every Friday afternoon from the beginning of January, preparing the Year 4 pupils for the North Tyneside annual Dance Festival, at the beginning of March
- **Boxercise Club:** 28 pupils from Y3, 4, 5 & 6 attended the club which started on Monday 13th January for five weeks. Coaches from Access Coaching delivered the sessions
- **North Tyneside "Go Smarter" Project:** As you are aware, our school is engaged with North Tyneside as part of the "Go Smarter" project. Following the survey and the street audit, the NT Team visited our school, on Monday 13th January, and delivered an assembly to all pupils. Paul Adams, gave a quick outline of active travel, showed a video about road safety, excess use of cars and the effects on air pollution. During the assembly, we introduced the new travel ambassadors for our school. The 6 "Go Smarter" ambassadors, from Year 4, are: Lucy, Autumn, Lucie, Ava, Millie and Leona. Their role will consist of small Active Travel projects whereby they help to deliver and promote active travel to the rest of the school
- **Sports Coaching and Competitions:** In order to increase the levels of participation and competition across the North Tyneside schools and in collaboration with Access Coaching, this year we are offering our Y3 and Y4 pupils a coaching programme of different sports which will culminate in inter-school competitions. The programme

focuses on a different sport each half term and the pupils will be introduced to the rules of the invasion game, technical skills e.g. variety of passing in a game situation as well as basic attacking and defending skills. The sessions will contribute to staff CPD and will lead into a primary festival at the end of each half term

- **Access Coaching Programme:** On Monday 13th January, coaches from Access Coaching started Fencing sessions in Y4 for 4 weeks. The sessions contributed to staff CPD for Mrs Watson and Mr Marshall. This led into a tournament, alongside 8 other primary schools, on Friday 7th February
- **Dance Workshop:** The Dance City Centre for Advanced Training is part of the Department of Education's Music and Dance Scheme offering a contemporary dance training programme for young people across the North East. The aim of the scheme is to identify pupils with potential or exceptional talent in dance. On Tuesday 21st January, Geoff Hopson, choreographer from Dance City, delivered a dance workshop in Year 6. The workshop theme was based in "Wild Life" moves and all the pupils involved had a very productive session
- **Year 6 Hockey Family Festival:** 12 pupils represented our school on Tuesday 28th January and finished in 3rd place out of seven schools. Well done to all our pupils for their teamwork and performance during the festival! They are credit to our school
- **North Tyneside Sportsability Festival:** 12 pupils from KS2 took part in this festival at Percy Hedley School on Wednesday 29th January. This was a Multi Sports festival aimed at providing children with SEND the opportunity to participate in a range of activities. The children took part in a variety of inclusive and adapted sports such as Boccia, New Age Curling and Sitting Volleyball
- **"SwimStars" Visit:** Currently 1 in 3 children leave Primary school unable to swim and it was recently reported, in the Teaching Times, that over 60 children tragically drowned last summer as a result of this. This Olympic year, Becky Adlington's "SwimStars" are on a mission to ensure every child has greater access to high quality fun lessons and understands the importance of water safety. On Wednesday 29th January, Adam Whitehead, European and Commonwealth Champion Swimmer, visited our school and delivered a whole school assembly to promote the importance of learning how to swim and keep safe in water. All pupils received an invitation for a free taster session at Nuffield Health Club, in Gosforth

February 2020

- **Year 4 Access Coaching Fencing Tournament:** 20 pupils represented our school, on Friday 7th February at Blue Flames.
The A team finished in 2nd place and the B team in 4th place out of 8 schools, with 16 teams taking part. Congratulations to all the pupils for their achievement!!
- **Y3 Quicksticks North Tyneside Festival:** Whole class took part, on Friday 7th February at The Parks. All pupils performed to high standards. A big thank you to all the parents that came to the event to help and support our pupils. Well done to all the pupils for their enthusiasm and performance!
- **FA Active Play through Storytelling:** On Thursday 27th February, Mrs Iliadou attended the course at Foxhunters Sports Pavilion as part of North Tyneside's

morning CPD session. The Active Play through Storytelling course and the resources have been developed to support "The Beginner Girl". The programme targets girls aged 5-8 years to engage in physical activity through the art of storytelling activities and are built around creative play

- **North Tyneside PE Primary Network:** On Thursday 27th February, Mrs Iliadou attended the network at Foxhunters Sports Pavilion

March 2020

- **Y4 North Tyneside Dance Festival:** Whole class, 31 pupils, took part at the festival on Monday 2nd March at The Parks, North Shields. From January, the children worked with Gail Robson and Mrs Iliadou getting ready for the event. As a challenge, this year we decided to perform an Acro Gymnastics dance and our hard work paid off. They rocked the stage! We are the first school in the festival's history to perform an Acro dance. The theme was 'Icons' and the inspiration for our dance piece came from the rock icon Freddie Mercury, lead singer of Queen, and his last song "The Show Must Go On". The quote is a timeless message that regardless of what happens in life, we should never give up, have to stay strong, find the will to carry on and always give our best. Our dance was called 'Strong 4 Life'. The children looked amazing in their costumes and thoroughly enjoyed being on stage. Well done to all the pupils for their performance! A big thank you to all parents, family members and my colleagues for their support. Last but not least, to Gail for her hard work and support.
- **Multi Sports Club:** 14 pupils from Y3, 4, 5 & 6, the club started on Monday 2nd March for five weeks. Coaches from Access Coaching delivering the sessions
- **Access Coaching Programme:** On Thursday 5th March, coaches from Assess Coaching started Dodgeball sessions in Y3 for 4 weeks. The sessions will contribute to staff CPD for Mrs Iliadou, Mrs Whitelaw and Mr Marshall. This will lead into a tournament, alongside 8 other primary schools, on Friday 27th March

Upcoming Events

- **Boys Football Team:** During this term, 12 boys from Y4, 5 & 6 will represent our school to the Bishop's Cup. The matches will take place across Wallsend. Currently, the boys' team is taking part in Wallsend Inter-Schools League and the games will start on Tuesday 10th March. We wish them good luck for the games ahead
- **Y5 Skipping Family Festival:** Whole class, 31 pupils, will represent our school, on Tuesday 17th March at St. Thomas More Academy. They have to perform individual, pair and team skills as well as a whole class skipping dance
- **Year 3 Access Coaching Dodgeball Tournament:** 20 pupils, will represent our school, on Friday 7th March. The event will take place at Blue Flames Sports Centre.

Please note, certain events due to take place from March onwards were cancelled due to the COVID-19 pandemic.

By Mrs Iliadou -Teacher - PE Lead