



Sports News April 2019 - June 2019

April 2019

- **Energy Club:** We continue offering this to all our pupils at Breakfast club. Pupils across the school keep active and have fun by taking part in various activities for 30 mins before school starts. Designed and delivered by Mrs Iliadou, the club includes learning and developing different generic skills, increasing confidence, self-esteem and motivation in a fun environment.
- **Hockey Club:** 18 pupils from Y3, 4, 5 & 6 attended. The club started at the end of March for five weeks. Coaches from Access Coaching delivered the sessions.
- **Multi Skills Club:** In collaboration with STM and the "Girls Active" (GA) programme, 33 pupils from Y1, 2&3 took part in a variety of activities aimed at developing generic skills, increasing confidence, self-esteem and motivation in a fun environment. The club started at the end of March for five weeks and GA from STM and our school planned and delivered the activities.
- **Summer Sports Club:** 13 pupils across KS2 attended this club which started on Monday 29th April for 10 weeks. Coaches from Access Coaching delivered the sessions. During the course, pupils will develop their co-ordination, balance, agility and speed. The sports covered in the 10 weeks course include: Mini Athletics, Tennis, Archery, Kwick Cricket, Frisbee, Rounders and Tri-Golf.
- **Y3 Multi Skills Festival:** Whole class, 30 pupils represented our school, on Tuesday 30th April at Evolution Football Centre, in North Shields. The event was part of our School Games Organiser and included a rotation of fundamental skill based activities which allowed the children to develop their physical competence, whilst challenging them to achieve their personal best.
Congratulations to all the pupils for their performance on the day!!

May 2019

- **Girls Football Club:** 15 pupils from Y4, 5 & 6 attended. The after school club started on Thursday 2nd May, for 10 weeks, till the end of the summer term. Miss Metcalfe is planning and delivering the

sessions. A big thank you to Erin Cockburn, ex-pupil, and Mr Pat Cockburn for supporting Miss Metcalfe

- **Boys Football Club:** 18 pupils from Y4, 5 & 6 attended. The after school club started on Thursday 2nd May, for 10 weeks, till the end of the summer term. Mrs Iliadou and Mr Hunter are planning and delivering the sessions. A big thank you to Holly Walton, ex-pupil, for supporting Mrs Iliadou and Mr Hunter.
- **Key Steps Competition Preparation Sessions:** Gail Robson, a qualified Gymnastics coach, worked alongside Mrs Iliadou, every Friday afternoon from 3rd May for 7 weeks, preparing 31 pupils across the school for the North Tyneside Key Steps Competition, in June.
- **Boys Football Team:** During this term, 10 boys from Y5 & 6 represented our school at the Bishop's Cup and the Wallsend Inter-Schools League. The matches took place across Wallsend and the boys made it to the quarter finals of the Bishop's Cup held in April.

* **Bishop's Cup:** On Tuesday 7th May, the team travelled to Ashington, reached the semi-finals and finished in 3rd place.

* **Wallsend SFA Subsidiary Cup:** On Wednesday 22nd May, the team played at home and won the competition.

Well done to Miss Metcalfe and Mr Hunter for all their hard work. Congratulations to all pupils, in the team, for their achievements, we are all so proud of them!

- **"Daily Mile":** On Thursday 25th May, our school took part in the event alongside 62 other schools across North Tyneside. Overall, we covered 335 miles in 20 minutes!! Pupils and staff thoroughly enjoyed the event.

The North Tyneside PE team would like to thank all the schools for their participation and achievement.

As an authority, we covered 19,513 miles. An amazing 6,917 miles more than last year! 80% of schools across North Tyneside participated at the event with 16,683 pupils and 1,087 staff!

- **Y4 Playmaker Award:** Since September 2018 our school has been engaged with North East Sports Academy at Tyne Metropolitan College to support and enhance our school's PE lessons and clubs. The award aims to help pupils develop leadership skills such as organisation, communication and teamwork, as well as helping to build confidence and self-esteem as they take on the responsibility of assisting in leading their peers or younger pupils in school. The sessions started on Friday 3rd May and Craig Robson, from Tyne

Met College, worked alongside Mrs Iliadou. The scheme lasted for 6 weeks and the pupils are preparing and planning their activities to start as leaders, in September, when they will be in Y5.

June 2019

- **Swimming Sessions:** The children completed the course with great success.
 - * Year 5 started their 2 weeks swimming block, on Monday 13th May, at Hadrian Leisure Centre. Selected pupils will represent our school in the Year 5 Swimming Gala, on Thursday 11th July
 - * Year 6 started their 2 weeks swimming block, on Monday 3rd June, at Hadrian Leisure Centre
- **Pedestrian Training:** All pupils from Y3 took part in the training which occurred every Tuesday during June until 9th July.
- **Active / Walking Club:** Available to all pupils from Rec to Y6, the club started on Monday 3rd June until the end of the academic year. Ryan, Ross and Liam, sports coaches from Tyne Met, are supporting Mrs Iliadou to run the lunchtime club on the school's grounds. On planned occasions, a selection of KS2 children walk to Richardson Dees Park and are engaged in various outdoor and adventurous activities during this session.
- **North Tyneside PE Primary Network:** On Wednesday 12th June, Mrs Iliadou attended the network at The Langdale Centre.
- **Y2 Multi Sports Family Festival:** Whole class took part on Wednesday 12th June. The children were engaged in various activities during the event such as Basketball, Badminton, Tennis, Frisbee, Gymnastics, Relays, etc. A big thank you to Mr Knowles and his leaders for an active and fantastic afternoon
- **Key Steps Competition:** 31 pupils across KS1 & KS2 represented our school, on Thursday 13th June at Benfield. I would like to thank all the family members who came and help all the pupils and Mrs Iliadou during the event. The NT sports team will send the results at the end of June.
- **Rounders Club:** 30 pupils from Year 4, 5 & 6 attended. The club started on Friday 14th June, for 5 weeks till 12th July. Mrs Iliadou delivered the sessions.
- **Y3/4 NT Tennis Competition:** 16 pupils represented our school, on Wednesday 19th June at Tennis@Churchill. Finished in 1st place out of 7 schools.

- **"Clean Air Day"**: On Thursday 20th June, our school took part in the UK's largest air pollution campaign, organised by "Go Smarter". The aim of the initiative is to reduce car usage, increase active travel for the day and reduce air pollution levels. A big thank you to all parents for their support.
- **School Games Mark**: On Monday 24th June, Mrs Iliadou had a meeting with staff from the North Tyneside PE team, at Langdale, to present our school's PE documents and apply for the School Games Mark. **The application was successful and our school received the Gold School Mark Award for fourth year in a row!** It is a great achievement for the size (number of pupils) of our school and a result of an incredible teamwork. Once again, a big thank you to all my colleagues and Mrs Garbutt for the continuous support they gave me throughout the year to achieve the award. Congratulations to all of us!!
- **KS1 and 2 Sports Day**: our annual event took place on Thursday 27th June with great success. Thank you to all the staff for their support and also pupils from previous years that came to help on the day. We all had an amazing afternoon!
- **Philip Reilly Football Tournament**: 10 pupils from Y4 represented our school on Friday 28th June at St Aidan's Primary school. The children finished in 3rd place. Well done to all in the team!
- **PE Apprentice**: In June, we appointed a new PE apprentice for the next academic year, September 2019 - July 2020. Mr Ryan Marshall is currently a student at St. Thomas More Academy completing his Sports Coaching Course (Level 3). Over the next year, he will be supporting teachers in PE lessons, organising and delivering sporting activities during breaks and lunchtimes, as well as supporting in after school sports clubs.
We would like to say a big thank you to Mr Hunter for all his hard work and the massive impact that he had across our school, pupils and staff this year. We wish him all the best for the future.

July 2019

- **Y5 Swimming Gala**: On Thursday 11th July, 15 pupils from Y5 will represent our school in the North Tyneside annual event at Hadrian Leisure Centre. We wish them all good luck!

On behalf of Mrs Garbutt and the staff at St. Columba's, I would like to congratulate all the children who represented our school in the various festivals and those who work with out of school coaches for their outstanding behaviour.

Last but not least, I would like to thank Mr Finlay and Mr Laidlaw, for driving the mini bus, all my colleagues, Mrs Garbutt, Mrs Craggs and Mrs Wallace for their continued support. All of the above achievements and successes are the result of amazing teamwork.

**By Mrs Iliadou
Teacher - PE Lead**