

Sports News

January 2019 - March 2019

January 2019

- **Energy Club:** We continue offering this to all of our pupils who attend Breakfast club. Pupils across the school keep active and have fun by taking part in various activities for 30 mins before school starts. Designed and delivered by Mrs Iliadou, the club includes learning and developing different generic skills, increasing confidence, self-esteem and motivation in a fun environment.
- **Hoops4Health Programme:** The Newcastle Eagles Basketball Club in partnership with Eagles Community Foundation is offering an opportunity to schools across the North East to be part of the Hoops4Health programme. The programme aims to deliver healthy living messages to Years 5 & 6 and includes:
 - * A Roadshow in school with Newcastle Eagles players, focusing on curriculum based healthy living themes e.g. healthy diet, effects of smoking
 - * 4 hours of coaching from a qualified Level 2 professional coach
 - * Participation in the Hoops4Health tournament
 - * Opportunities to continue playing Basketball in local Eagles Community Foundation clubs

Our school has been part of the project since September 2013 and pupils from Year 5 and 6 had their Roadshow on Wednesday 24th October. The children took part in three different sessions (Dangers of Smoking & Drinking, Healthy Eating and an introduction to the basic Basketball skills). A very interesting afternoon full of activities.

- **Hoops4Health Coaching Sessions:** Calvin, a professional coach from Newcastle Eagles, delivered six coaching sessions in Year 5. The sessions started on Wednesday 9th January and Calvin got the pupils ready for the H4H Basketball tournament at the Lakeside in February.
- **Archery Club:** 29 pupils from Y3, 4, 5 & 6 attended the club which started on Monday 14th January for five weeks. Coaches from Access Coaching delivered the sessions.
- **North Tyneside Sportsability Festival:** 13 pupils from KS2 took part at Queen Alexandra College on Thursday 17th January. This was a Multi Sports festival aimed at providing children with SEND the opportunity to participate in a range of activities. The children

took part in a variety of inclusive and adapted sports such as Boccia, New Age Curling and Sitting Volleyball.

- **Dance Festival:** Susan Gow, a qualified dance coach from Amanda Nichols Dance Studio, worked alongside Mrs Iliadou, every Friday afternoon from the beginning of January, preparing the Year 4 class for the North Tyneside annual Dance Festival, which was held at the beginning of March.
- **Badminton Club:** 16 pupils from Year 4, 5 & 6 attended the club which started on Friday 18th January for five weeks. Mrs Iliadou delivered the sessions.
- **Dance Workshop:** The Dance City Centre for Advanced Training is part of the Department of Education's Music and Dance Scheme offering a contemporary dance training programme for young people across the North East. The aim of the scheme is to identify pupils with potential or exceptional talent in dance. On Tuesday 22nd January, Geoff Hopson, choreographer from Dance City, delivered a dance workshop in Year 6. The workshop theme was based in "Wild Life" moves and all the pupils involved had a very productive session.
- **Year 6 Hockey Family Festival:** 12 pupils represented our school, on Wednesday 23rd January and finished in 2nd place out of seven schools.
- **Year 4 Badminton Festival:** Following the training they had in school, the whole class represented our school, on Thursday 31st January at Tyne Met College. The children thoroughly enjoyed the morning and gave 100% effort to all the activities. The aim of the festival was for the children to develop their hand and eye co-ordination skills, explore a variety of activities using different implements, work as part of a team, and improve self-esteem and confidence. Congratulations to all the pupils for their positive attitude and performance during the festival.

February 2019

- **Y3 Quicksticks North Tyneside Festival:** The whole class took part on Friday 8th February at The Parks. All pupils performed to high standards. A big thank you to all the parents that came to the event to help and support our pupils. Well done to all the pupils for their enthusiasm and performance!

- **Y5 Hoops4Health North Tyneside Basketball Tournament:** the whole class represented our school, on Thursday 28th February, at the Lakeside Centre. All four teams put into practice their newly acquired skills and techniques and performed well, displaying great sportsmanship. We are so proud of all our pupils for their enthusiasm and achievements!
- **Gifted and Talented Group:** In collaboration with St. Thomas More and the North Shields Schools Dance Association, we offered four pupils from Year 6 the opportunity to work with a group of dance specialist teachers, from STM, for a day and perform their dance routine at the dance festival at The Parks. Our girls visited St. Thomas More Academy, on Thursday 28th February, for a choreography day. They created a collaborative dance with pupils from St. Mary's, Spring Gardens, Whitehouse and Collingwood schools. They performed on all three nights of the festival, at the beginning of March.
Mrs Garbutt and all at St. Columba's are so proud of the girls for representing our school and for their excellent performance. Well done to all!!
- **Tennis Sessions:** From September 2018 our school has been engaged with North East Sports Academy at Tyne Metropolitan College to support and enhance our school's PE lessons and clubs. So far, we have had Y4s involved in Badminton and Y5s in Handball sessions and tournaments. During this term, we offered Tennis sessions to our Y3 pupils. They started on Thursday 28th February for six weeks. The sessions contributed to staff CPD and followed the Racket Pack course outline which is suitable for developing additional skills outside of Tennis such as multi skills for the pupils. This will lead into a small primary festival at Tyne Met College, in June.
- **FA Active Play through Storytelling:** On Thursday 28th February, Mrs Iliadou attended the course at Redesdale Primary as part of North Tyneside's morning CPD session. The Active Play through Storytelling course and the resources have been developed to support "The Beginner Girl". The programme targets girls aged 5-8 to engage in physical activity through the art of storytelling activities and are built around creative play.
- **North Tyneside PE Primary Network:** On Thursday 28th February, Mrs Iliadou attended the termly network meeting at The Langdale Centre.

March 2019

- **Y4 North Tyneside Dance Festival:** From January, the class worked with Susan Gow and Mrs Iliadou getting ready for the event. This year's theme was 'Stage and Screen' and the inspiration from our dance piece came from the "Walking With Project" at St. Luke's Church, Fair Trade and the "Shoe Box Appeal" charity projects that our school is involved with. Our dance was called 'The Greatest 4's Show'. The children looked amazing in their costumes and thoroughly enjoyed being on stage. Well done to all the pupils for their performance! A big thank you to all parents, family members and my colleagues for their support.
- **Hockey Club:** 18 pupils from Y3, 4, 5 & 6 attended the club which started on Monday 4th March for five weeks. Coaches from Access Coaching delivered the sessions.
- **Multi Skills Club:** In collaboration with STM and the "Girls Active" programme, 33 pupils from Y1, 2 & 3 are taking part in a variety of activities aimed at developing generic skills, increasing confidence, self-esteem and motivation in a fun environment. The club started on Tuesday 5th March for five weeks and 'Girls Active' from STM and our school are planning and delivering the activities.
- **North Tyneside Healthy Schools Programme:** On Thursday 7th March, Mrs Iliadou attended the training at The Langdale Centre.
- **Boys Football Team:** During this term, 10 boys from Y5 & 6 represented our school in the Bishop's Cup. The matches took place across Wallsend and the boys have made it to the quarter finals of the Bishop's Cup. Currently, the boys' team is taking part in Wallsend Inter-Schools League. Congratulations to all in the team for their achievements and we wish them good luck for the games ahead.
- **Girls Football Team:** During this term, 10 girls from Y4, 5 & 6 represented our school in the Northern Cross Cup. The newly formed team went through to the next round of the competition. Congratulations to all the ladies in the team for their achievements and we wish them good luck for the games ahead.
- **Y5 Skipping Family Festival:** The whole class, 31 pupils, represented our school, on Wednesday 20th March at St. Thomas More Academy. They had to perform individual, pair and team skills as well as a whole class skipping dance. Congratulations to all the pupils for their performance on the day!

**Report by Mrs Iliadou
Teacher - PE Lead**