



To be fully completed by Parent/Carer. Please return to the course organiser who will send it to High Borrans.

Name of course member:

Name of School / Organisation:

Date of Birth \_\_\_\_\_ Age at time of trip \_\_\_\_\_ Male / Female (please circle)

Home Address and telephone number:

Emergency contact and telephone number:

Doctor's Name, Address and Telephone No:

**Medical History** (Please detail information about your child's health that may be useful eg. Epilepsy, asthma, diabetes, bed wetting, hay fever, or allergies to anaesthetics or drugs such as penicillin)  
**INHALER USERS:** Asthma UK advises visitors to bring 2 inhalers with them, one for use and a second boxed and sealed one in reserve, to ensure asthmatics will always have a full and in date inhaler.  
**EPI-PENS:** you should consult your GP about having sufficient epi-pens for going into remote settings where paramedic help may be 1-2 hours away (i.e. having additional pens).

Date of last Tetanus injection: \_\_\_\_\_

Has your child suffered any serious recent illness or injury?

Does your child have any special dietary requirements or food allergies?

In the event of your child being taken ill or having an accident while at High Borrans, you will be informed as soon as possible. However in order to speed up the administration of any medical treatment necessary, please sign the medical permission form below.

**You are asked to acknowledge the small residual risk that is inherent in the nature of outdoor adventurous activities.**

I give permission for \_\_\_\_\_ (name) to receive any necessary medical attention whilst staying at High Borrans Outdoor Education Centre. This includes the administration of anaesthetics if necessary.  
Parent / Carer Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Photograph Permissions.** Each school is presented with a CD containing photos of the group from their week. Occasionally we may want to use these photos (without naming any person) in our promotional materials as well as on our website. To comply with the Data Protection Act 1998, we need your permission before we can use these photographs. Photographs will not be used for any purpose other than stated above.

If you do NOT wish photographs of your child to appear on our website/publications, please send a letter to us at: High Borrans OEC, Windermere, Cumbria, LA23 1JS.