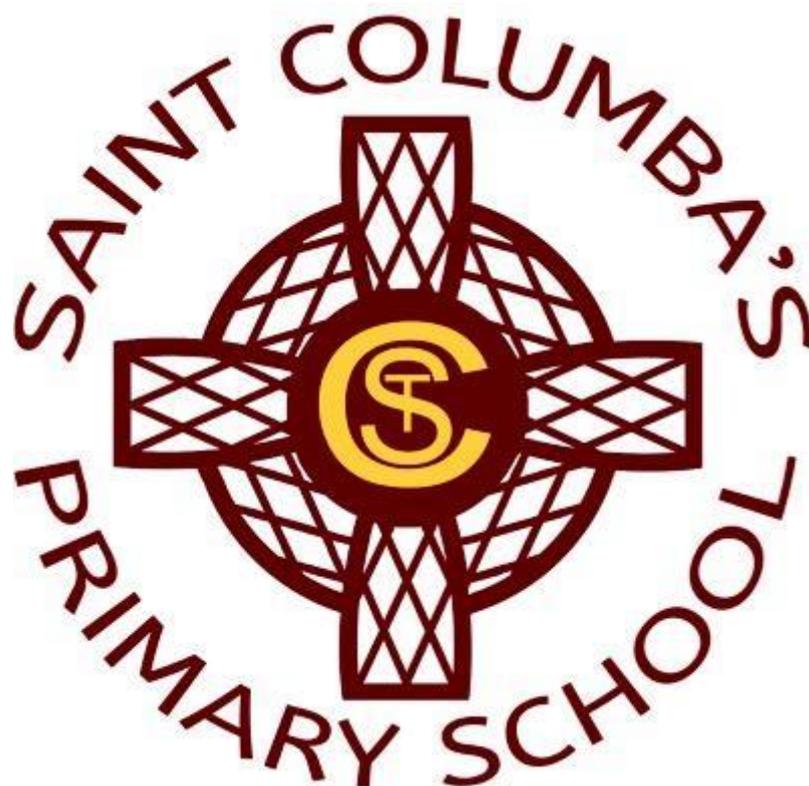


St. Columba's Roman Catholic Primary School



PHSE Policy

January 2017

School Mission Statement

At St. Columba's R.C. Primary School we will endeavour to follow the example of Jesus Christ by loving, respecting and forgiving all.

Children, parents and staff are valued and supported by the school community. It is our belief that the best education is achieved by delivering a challenging and balanced curriculum, allowing for the intellectual, spiritual, moral and social development of each child.

Each individual in school is special and we all work together to promote self-worth and self-esteem.

Rationale

We believe that PSHE (Personal, Social and Health Education) will encourage and support pupils to develop healthy, fulfilling and meaningful lifestyles.

Supported by our Catholic ethos and taught within our nurturing school environment, PSHE supports children in their development and underpins learning in the classroom, school and wider community.

PSHE helps promote the spiritual, moral, cultural, mental and physical development of pupils. It also helps to them for the opportunities, responsibilities and experiences of adult life. Pupils learn to appreciate what it means to be a positive member of a modern, diverse and ever-changing society.

Aims and Objectives

We aim to enable our pupils to:

- Understand and respect Catholic and Christian faith as well as those with other faiths or beliefs
- Develop self-confidence and self-esteem
- Make informed choices when faced with personal and social issues
- Know and understand what constitutes a healthy lifestyle
- Understand what makes a good relationship
- Assess risk and their own personal safety
- Have respect for others
- Promote difference and diversity in a multicultural and changing world

- Be independent and responsible members of a school community
- Be positive and active members of a democratic society

Themes in PSHE Education

PSHE Education is central to the educational entitlement of all of our children and elements of PSHE permeate all aspects of school life.

We aim to cover the following core themes as set out in the 2013 PSHE Association Programme of Study:

Core Theme 1: Health and wellbeing

- What is meant by a healthy lifestyle?
- To maintain physical, mental and emotional health and wellbeing
- To manage risks to physical and emotional health and wellbeing
- ways of keeping physically and emotionally safe
- About managing change, including puberty, transition and loss
- To make informed choices about health and wellbeing and to recognise sources of help with this
- To respond in an emergency
- To identify different influences on health and wellbeing

Core Theme 2: Relationships

- To develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
- To recognise and manage emotions within a range of relationships
- To recognise risky or negative relationships including all forms of bullying and abuse
- To respond to risky or negative relationships and ask for help
- To respect equality and diversity in relationships.

Core Theme 3: Living in the wider world - Economic wellbeing and being a responsible citizen

- About respect for self and others and the importance of responsible behaviours and actions
- About rights and responsibilities as members of families, other groups and ultimately as citizens
- About different groups and communities
- To respect equality and to be a productive member of a diverse community
- About the importance of respecting and protecting the environment

- About where money comes from, keeping it safe and the importance of managing it effectively
- How money plays an important part in people's lives
- A basic understanding of enterprise.

Sex and Relationship Education

We teach SRE (Sex and Relationship Education) in accordance with the Hexham and Newcastle Diocesan approved scheme of work: 'A Journey Through Love'. This is taught by class teachers during our Summer Term.

British Values

Through our PSHE curriculum we promote British Values in relation to the 5 key themes:

- Democracy
- Rule of Law
- Mutual Respect
- Personal Responsibility and Liberty
- Tolerance of Culture, Faith and Others

Difference and Diversity

At St Columba's, we believe that everyone is made in the image and likeness of God. Meaning that each everyone deserves to be heard, be happy and be respected regardless of age, gender/sex, disability, race, religion/belief, sexual orientation, marriage or civil partnership status (as stated in the Equality Act 2010). We pass this belief onto our pupils as part of our PSHE curriculum and teaching.

PSHE as part of our 'Creative Curriculum'

At St Columba's Roman Catholic Primary School, we take a Creative Curriculum approach to all subjects. PSHE is no exception and will be taught through:

- Discrete sessions, when deemed appropriate by the class teacher
- Through other subject and curriculum areas (e.g. Science, Literacy, History, P.E. and assemblies)
- Through our Religious Education Curriculum 'Come and See' (Diocese of Hexham and Newcastle)
- Through our weekly collective worships (child-led)
- School events and activities (e.g. off site visits and school celebrations)
- Our weekly 'Statement to live by'

Differentiation for SEN and More Able

Throughout their school life, children will be at different levels of maturity, will have varied life experiences and a range of attitudes and feelings. Lessons should be planned to allow their perceptions to be articulated, with all contributions being valued and respected. In relation to some sensitive issues, such as sex education and relationship or drug education, the teacher needs to ensure that the teaching point is conveyed in language that is accessible to the children.

Teachers may need to use different resources, activities or provide specific support depending on the needs of their pupils, including able children (those identified as being Gifted or Talented) and those children who need additional support with English as an Additional Language.

SEAL material is available for teachers who feel as though they need further guidance or resources. Hard copies of these materials can be found in the Y5 classroom.

The role of parents

Parents or adults who care for the children we teach are the 'first time educators' of their children. Schools work in partnership with them in developing children personally and emotionally and as young citizens.

Parents are consulted and informed about potentially sensitive issues in our annual Curriculum Evenings. St Columba's also operates an 'open door' approach for any parent who has further concerns.

Monitoring and Assessment

At St Columba's, teachers assess the children's attainment in PSHE by making informal judgements as they observe them during lessons. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage, as outlined previously in the policy.

The PSHE coordinator is responsible for monitoring the standards of children's work and the quality of teaching. They also support colleagues in the teaching of PSHE and Citizenship, by giving them information about current developments in the subject.