

## Sports News February 2017 - May 2017

### February 2017

- **Hoops4Health Coaching Sessions:** Shaun Malone, a professional coach from Newcastle Eagles, delivered 2x2 coaching sessions in Year 5, on 13<sup>th</sup> January and 3<sup>rd</sup> February, preparing them for the H4H Basketball tournament at the Lakeside in February.
- **Energy Club:** We continue offering the club to all our pupils at Breakfast club. Pupils across the school keep active and have fun by taking part in various activities for 30 mins before school starts. Designed and delivered by Mrs Iliadou, the club includes learning and developing different generic skills, increasing confidence, self-esteem and motivation in a fun environment.
- **Young Sports Leaders Scheme:** Our 25 leaders, from Year 5 and 6, continue to deliver with great enthusiasm their practical sessions during break and lunchtimes. They plan and deliver various activities to pupils from Reception to Year 3. Well done and thank you to all the pupils for their hard work.
- **Dodgeball Club:** 16 pupils across KS2, the club started on Monday 9<sup>th</sup> January for 6 weeks and coaches from Access Coaching delivered the sessions.
- **Archery Club:** 25 pupils across KS2, the club started on Friday 13<sup>th</sup> January for 5 weeks and Mrs Iliadou delivered the sessions.
- **Dance Festival:** Rachel Bailey, a qualified dance teacher, worked alongside Mrs Iliadou, every Friday afternoon since the beginning of January, preparing the Year 4 class for the North Tyneside annual Dance Festival, in March.
- **PE Monitoring Week - Learning Walk:** During the week commencing Monday 6<sup>th</sup> February, Mrs Iliadou did a learning walk, visiting classes and gathering evidence about PE across the school. It really was a privilege to visit each class, participate in different lessons (from Generic Skills, Dance, Gymnastics, Basketball, Hockey and Rugby), talk to the children and experience high standards of teaching and learning that took place throughout the school. I would like to thank all my colleagues for all their hard work on the subject. Mrs Jordan and Mr Dinsley, the PE governor, observed Mrs Iliadou, in Gymnastics, during that week too.

- **Y5 Hoops4Health North Tyneside Basketball Tournament:** the whole class represented our school, on Friday 10<sup>th</sup> February, at the Lakeside Centre. All 3 teams put into practice their newly acquired skills and techniques and performed well displaying great sportsmanship. Special congratulations to Team 1 who finished 1<sup>st</sup> out of 12 schools. The team went through to the next round and will play at the North Tyneside H4H Finals, on Friday 10<sup>th</sup> March, at the Newcastle Sports Central. We are so proud of their achievement!
- **Y5 Skipping Festival:** Rachel Bailey, a qualified dance teacher, worked alongside Miss Quinn, every Wednesday afternoon since 15<sup>th</sup> February, preparing the pupils at individual, pair, team skills and whole class dance for the Skipping Family Festival, in March.
- **Y3 Quicksticks North Tyneside Festival:** Whole class took part, on Thursday 16<sup>th</sup> February at The Parks. All pupils performed to great standards and Team 1 finished 3<sup>rd</sup> at the festival. Well done to all the pupils for their enthusiasm and performance!

### March 2017

- **North Tyneside Dance Festival:** 30 pupils from Year 4 represented our school and took part in the North Tyneside annual Dance Festival, at The Parks, on Tuesday 7<sup>th</sup> March. This year's theme was "The Creative Curriculum". The inspiration about our dance piece "Friends 4" came from the friendships they make in school and how some friendships last forever. All the children performed to their highest standards and looked great in their special t-shirts. Lots of hard work, preparation, enthusiasm and on the night, they rocked the stage!! A big thank you goes to all the parents and extended families for their support and Rachel Bailey who worked alongside Mrs Iliadou, since January, to prepare the class.  
**Gifted and Talented Group:** In collaboration with St. Thomas More and the North Shields Schools Dance Association, we offered to 4 pupils from Year 5 and 6 the opportunity to work with a group of dance specialist teachers, from STM, for a day and perform their dance routine at the dance festival. Our girls visited St. Thomas More Academy, on Friday 3<sup>rd</sup> March, for a choreography day. They created a collaborative dance with pupils from St. Cuthbert's, St. Mary's, Star of the Sea, Spring Gardens and performed on Monday 6<sup>th</sup> and Tuesday 7<sup>th</sup> March.

Mrs Jordan and all in our school are so proud of the Year 4s and the girls for their excellent performance, well done to all!

- **Tag Rugby Club:** 13 pupils across KS2, the club started 6<sup>th</sup> March for 5 weeks and coaches from Access Coaching delivered the sessions.
- **Dodgeball Club:** 22 pupils from Year 1,2 and 3, the club started 10<sup>th</sup> March for 5 weeks and coaches from access Coaching delivered the sessions.
- **Y5 Hoops4Health North Tyneside Finals:** 4 schools across North Tyneside, St. Columba's, Redesdale, King Edwards and Preston Grange, took part in the semi-finals, on Friday 10<sup>th</sup> March, at Newcastle Sports Central. In the semi-finals, our school won by 2-0 the team from Preston Grange and went through to the finals. In the final, we played against Redesdale and at the end of the game the score was a draw 2-2. Our team won in the shout out, 4-2, and were crowned Champions of North Tyneside.  
The team went through to the Champions of Champions Finals on Sunday 30<sup>th</sup> April at the Newcastle Sports Central.  
A massive thank you to all the parents, school pupils and their families who came to support our team. Congratulations to all in the team for an amazing performance and great sportsmanship, they were fantastic and we are very proud of them all!
- **Dance Inset at St. Columba's;** 15 SCITT students took part in the dance course for KS1 & KS2, on Tuesday 14<sup>th</sup> March. Mrs Iliadou organised and delivered the theory. Miss Metcalfe and Mrs Iliadou delivered the practical session with the help of the Year 2 pupils. The feedback we had from the Inset was once again very positive.
- **Fancy Feet Whirly Wheels Challenge:** Our school took part in the Challenge, for 2 weeks, during Monday 13<sup>th</sup> and Friday 24<sup>th</sup> March. Pupils earned points for travelling sustainably to school- like walking, cycling, scooting- at least once a week during the Challenge period. At the end of the Challenge, our school was ranked as 6<sup>th</sup> out of 926 schools in the North East. Great achievement!
- **KS1 Multi Skills North Tyneside Festival:** Whole Year 2 class represented our school on Wednesday 22<sup>nd</sup> March, at Burnside College.

Here are the results from the competition:

- \*Team C: 1<sup>st</sup> place with 459 points
- \*Team B: 4<sup>th</sup> place with 319 points
- \*Team A: 5<sup>th</sup> place with 316 points

The pupils worked nonstop, in various stations, for the whole afternoon and really enjoyed all the activities. Well done to all them for their performance at the festival.

- **Y5 Skipping Family Festival:** Whole class, 25 pupils, represented our school, on Wednesday 22<sup>nd</sup> March at St. Thomas More Academy. They had to perform individual, pair and team skills as well as a whole class skipping dance. Overall, they finished 3<sup>rd</sup> out of 7 schools. Congratulations to all the pupils.
- **Key Steps Competition Preparation Sessions:** Gail Robson, a qualified Gymnastics coach, worked alongside Mrs Iliadou, every Friday afternoon since 24<sup>th</sup> March, for 3 weeks, preparing 43 pupils across the school for the North Tyneside Key Steps Competition, in June.

## April 2017

- **Y4 & 5 Tennis and Functional Skills Workshop:** Both classes took part in the Game Set Match event, on Wednesday 26<sup>th</sup> April, at Tennis@Churchill. The event was a Tennis workshop aimed at Primary school pupils in Year 4 and 5 and incorporated different games all of which contained a competitive element and skills useful for the game. The children enjoyed the 2-hour session and at the end of the event took away with them a goody bag along with information surrounding how they can continue playing Tennis in a club.
- **Tag Rugby Sessions:** In collaboration with Adam Knowles, PE teacher and Primary link co-ordinator, from St. Thomas More Academy, we offered in Year 4 and Year 6 Tag Rugby sessions, on Friday 28<sup>th</sup> April and Friday 12<sup>th</sup> May. The sessions were organised and delivered by Year 9 & 10 pupils from STM. The students from STM did a great job delivering both sessions and we thank them for their hard work.  
Mr Knowles and Mrs Iliadou are working closer over this matter and from the next academic year will provide more sporting opportunities for all the pupils.
- **Y5 Hoops4Health Champion of Champions Finals:** Our Year 5 Basketball team, on Sunday 30<sup>th</sup> April at Newcastle Sports Central, played a round robin of matches, playing 6 games in total. Every single member of the team gave 100% and they performed brilliantly with such fighting spirit. Parents and teachers were on

the edge of their seats in every game! St. Columba's were knocked out of the tournament just before the final, but we are so proud of our Y5 team. Congratulations to all our stars!!

## May 2017

- **Y6 Hoops4Health Coaching Sessions:** Shaun Malone, a professional coach from Newcastle Eagles, delivered 2x2 coaching sessions in Year 6, on Friday 5<sup>th</sup> and 19<sup>th</sup> May, preparing them for the H4H Basketball tournament at Newcastle Sports Central in June.
- **Gymnastics Club for Key Steps Competition:** Following the preparation sessions, in school, Mrs Iliadou ran an out of school club for the 43 pupils taking part. Each individual pupil must perform a floor and a vault routine from the appropriate key step level. And of course, the children were expecting me to remember all 43 floor routines by heart..!  
The club was on for 4 weeks the following days:
  - \*For Year 1, 2 and 3 on Tuesday 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> & 23<sup>rd</sup> May
  - \*For Year 4, 5, 6 & Open Category on Friday 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup> May
- **Summer Sports Club:** 11 pupils across KS2, the club started on Monday 8<sup>th</sup> May for 9 weeks and coaches from Access Coaching delivered the sessions.
- **Swimming Sessions:** The children completed the lessons with great success.
  - \* Year 5 class started their 2 weeks swimming block, on Monday 8<sup>th</sup> May, at Hadrian Leisure Centre. Selected pupils will represent our school in the Year 5 Swimming Gala, on Wednesday 12<sup>th</sup> July.
  - \* Year 6 class started their 2 weeks swimming block, on Monday 22<sup>nd</sup> May, at Hadrian Leisure Centre.
- **PE Apprentice:** In collaboration with PEAK Sports, we appointed a PE apprentice for the next academic year, September 2017 - July 2018. Leon is currently a student at Tyne Metropolitan College completing his Sports Coaching and Fitness Course (Level 3). Over the next year, Leon will be supporting teachers in PE lessons, organizing and delivering sporting activities during breaks and lunchtimes, as well as supporting in after school sports clubs.

By Mrs S Iliadou  
Teacher - PE Lead

